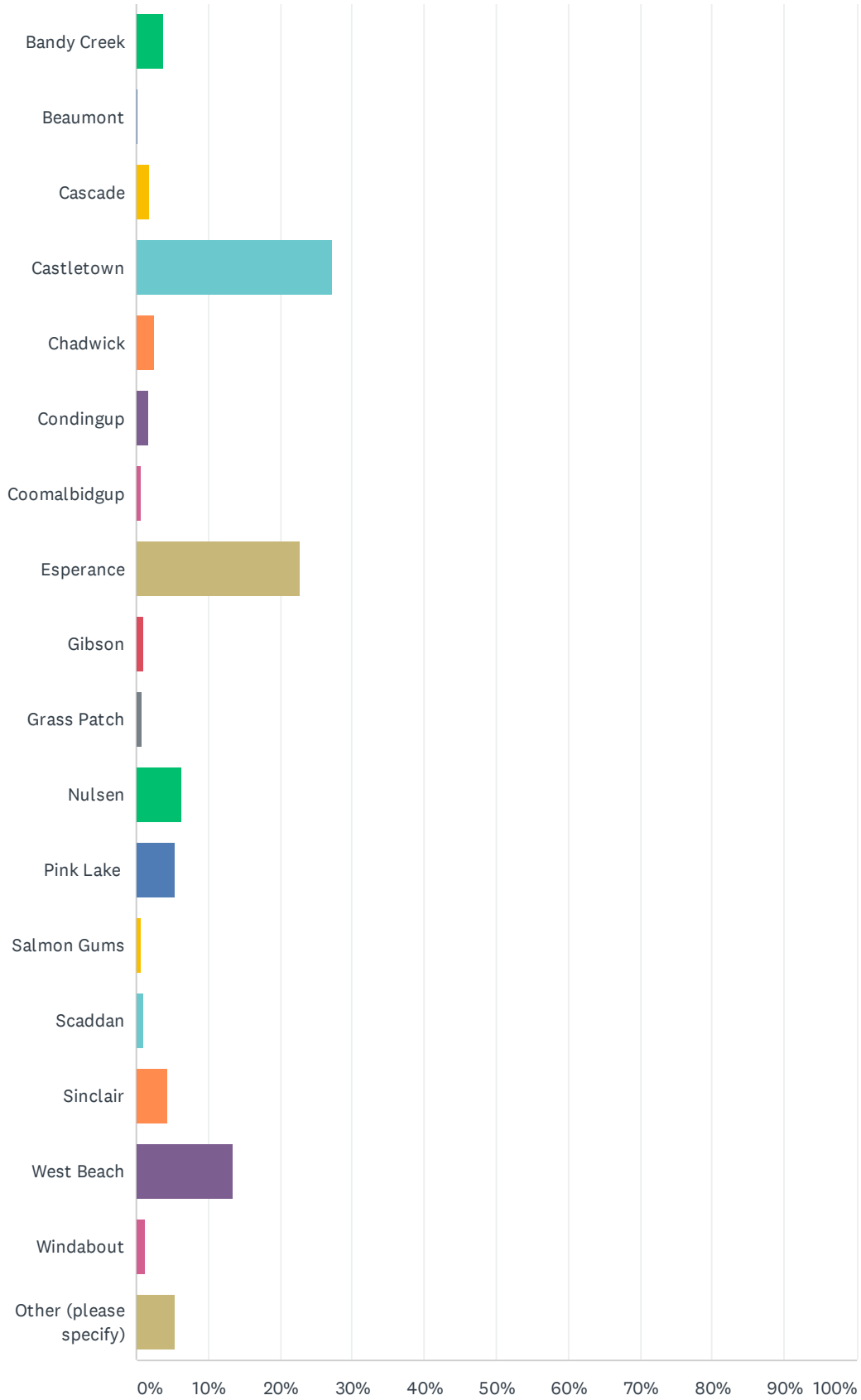


## Q1 My Locality

Answered: 372 Skipped: 0

# Esperance Health and Wellbeing Survey



## Esperance Health and Wellbeing Survey

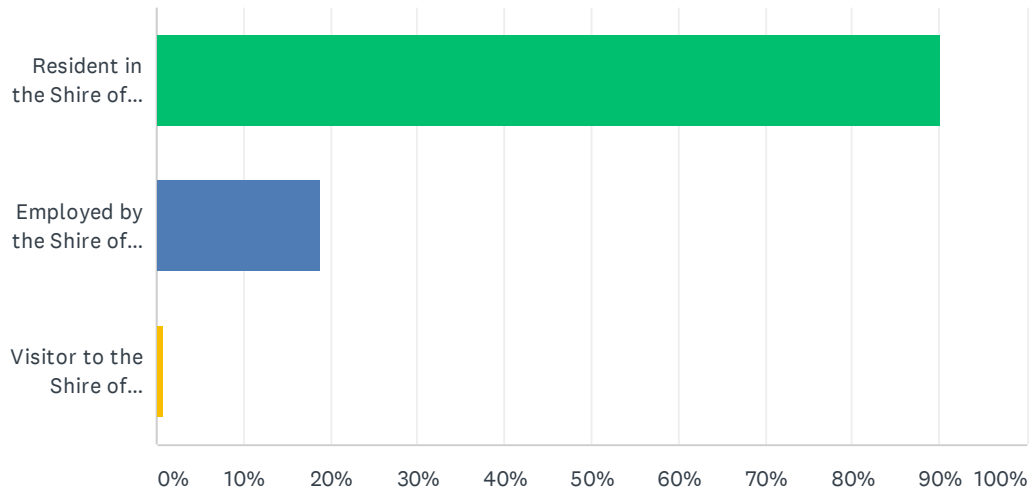
ANSWER CHOICES	RESPONSES	
Bandy Creek	3.76%	14
Beaumont	0.27%	1
Cascade	1.88%	7
Castletown	27.15%	101
Chadwick	2.42%	9
Condingup	1.61%	6
Coomalbidgup	0.54%	2
Esperance	22.85%	85
Gibson	1.08%	4
Grass Patch	0.81%	3
Nulsen	6.18%	23
Pink Lake	5.38%	20
Salmon Gums	0.54%	2
Scaddan	1.08%	4
Sinclair	4.30%	16
West Beach	13.44%	50
Windabout	1.34%	5
Other (please specify)	5.38%	20
<b>TOTAL</b>		<b>372</b>

## Esperance Health and Wellbeing Survey

#	OTHER (PLEASE SPECIFY)	DATE
1	all of Esperance	12/4/2019 2:37 PM
2	Myrup	12/3/2019 10:23 AM
3	Myrup	11/19/2019 12:42 PM
4	Myrup	10/23/2019 3:04 PM
5	Myrup	10/18/2019 1:53 PM
6	Daylup	10/18/2019 10:22 AM
7	Boyatup	10/16/2019 9:16 PM
8	Cape Le Grand	10/12/2019 7:14 AM
9	Monjingup	10/9/2019 8:46 PM
10	Monjingup	10/7/2019 10:13 AM
11	Boyatup	10/7/2019 9:52 AM
12	Myrup	10/7/2019 6:37 AM
13	Merivale	10/6/2019 6:33 PM
14	Monjingup	10/4/2019 3:42 PM
15	Dalyup	10/4/2019 7:15 AM
16	Neridup	10/3/2019 11:30 AM
17	Myrup	10/3/2019 6:46 AM
18	Boyatup	10/1/2019 8:43 PM
19	Merivale	10/1/2019 10:25 AM
20	Monjingup	9/30/2019 8:08 PM

## Q2 Are you a...

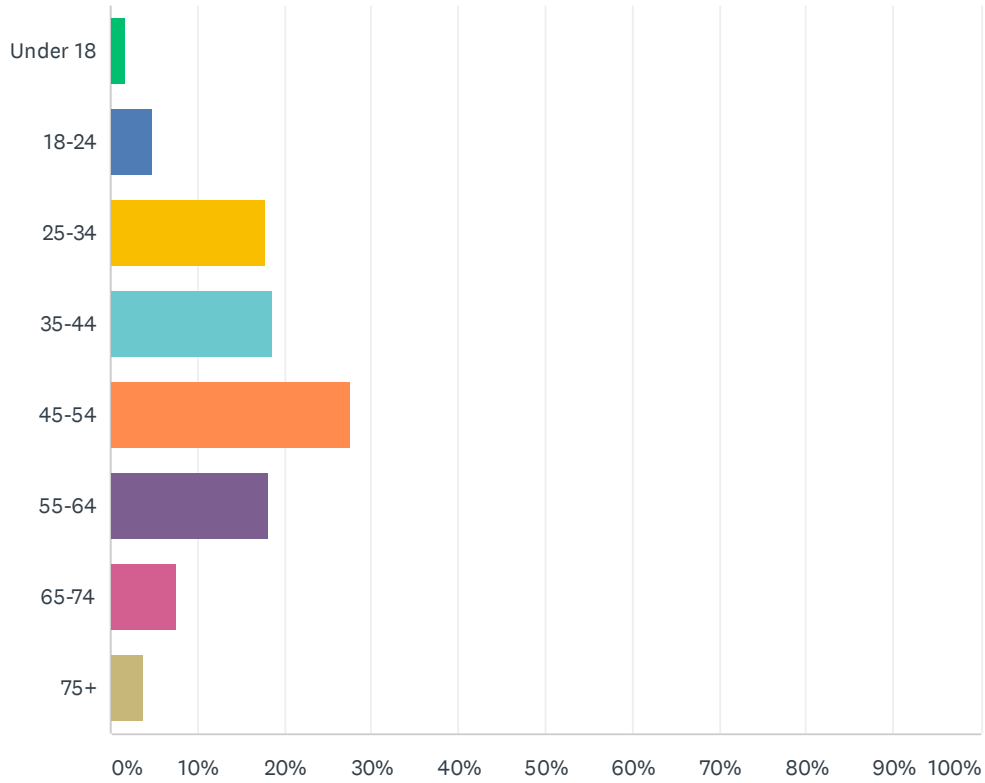
Answered: 370 Skipped: 2



ANSWER CHOICES	RESPONSES	
Resident in the Shire of Esperance	90.27%	334
Employed by the Shire of Esperance	18.92%	70
Visitor to the Shire of Esperance	0.81%	3
Total Respondents: 370		

### Q3 Your current age?

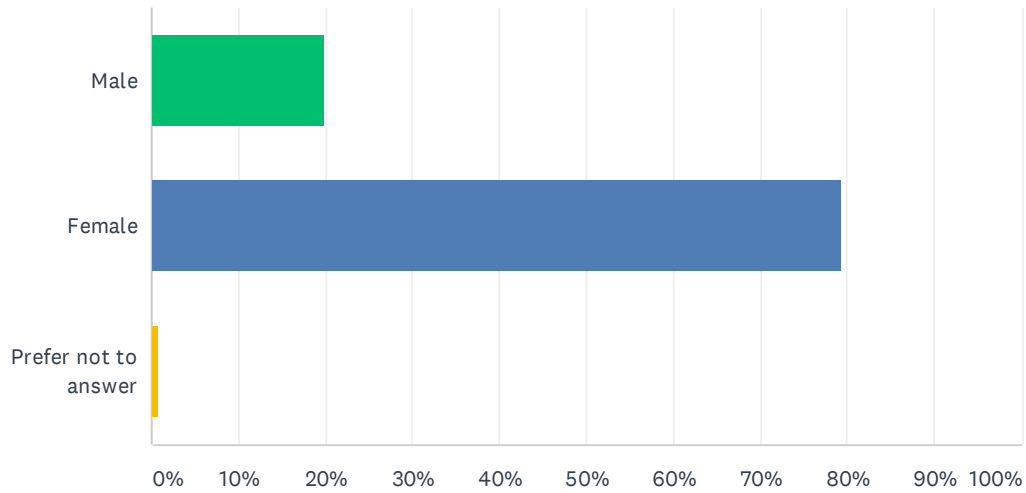
Answered: 372 Skipped: 0



ANSWER CHOICES	RESPONSES	
Under 18	1.61%	6
18-24	4.84%	18
25-34	17.74%	66
35-44	18.55%	69
45-54	27.69%	103
55-64	18.28%	68
65-74	7.53%	28
75+	3.76%	14
<b>TOTAL</b>		<b>372</b>

## Q4 Your Gender...

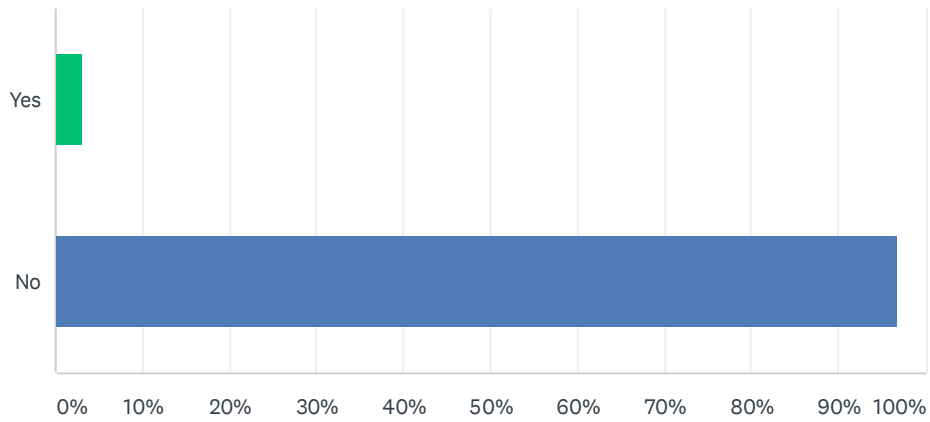
Answered: 371 Skipped: 1



ANSWER CHOICES	RESPONSES	
Male	19.95%	74
Female	79.25%	294
Prefer not to answer	0.81%	3
Total Respondents: 371		

## Q5 Do you identify yourself as being an Aboriginal or Torres Strait Islander person?

Answered: 361 Skipped: 11

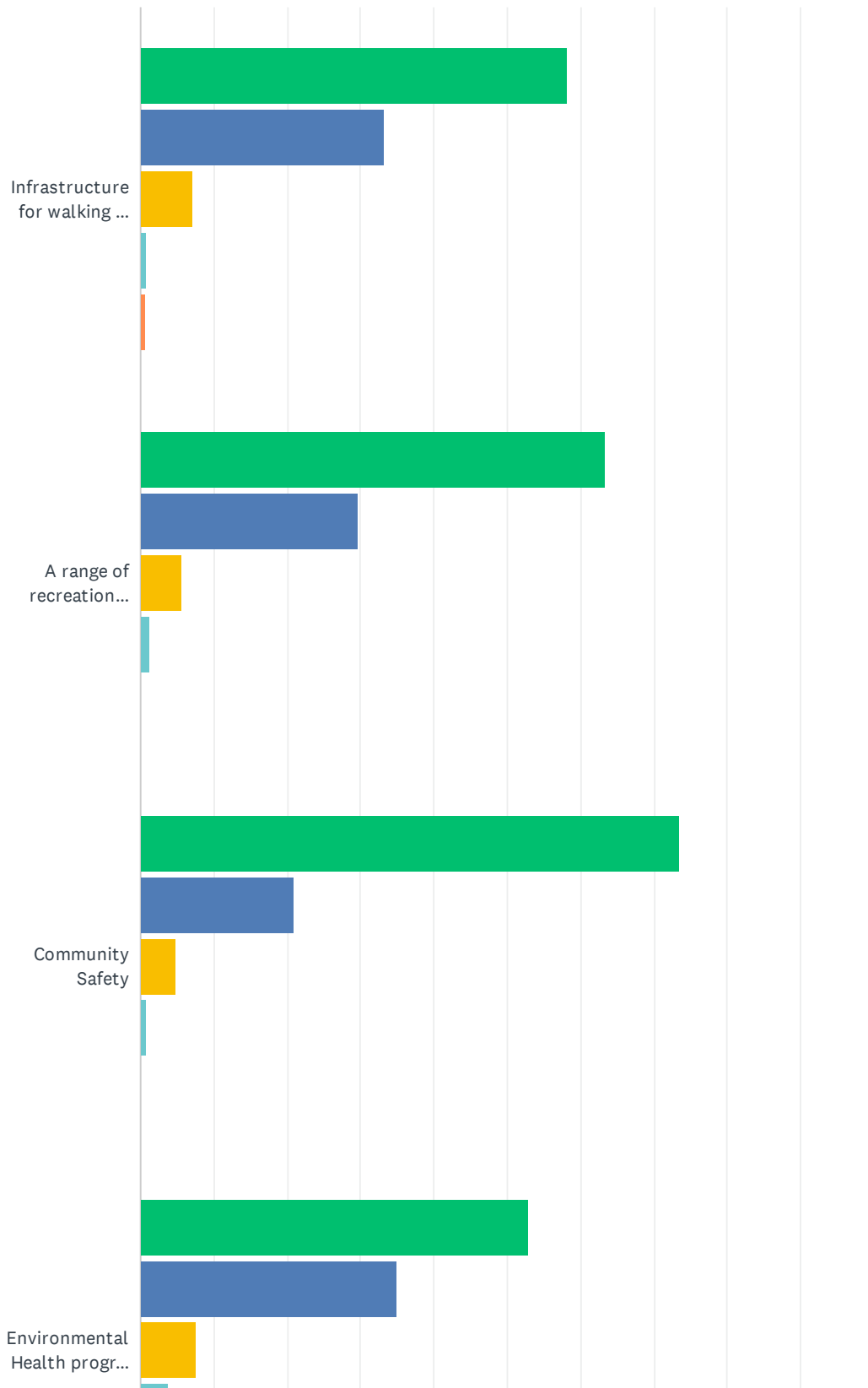


ANSWER CHOICES	RESPONSES	
Yes	3.05%	11
No	96.95%	350
TOTAL		361

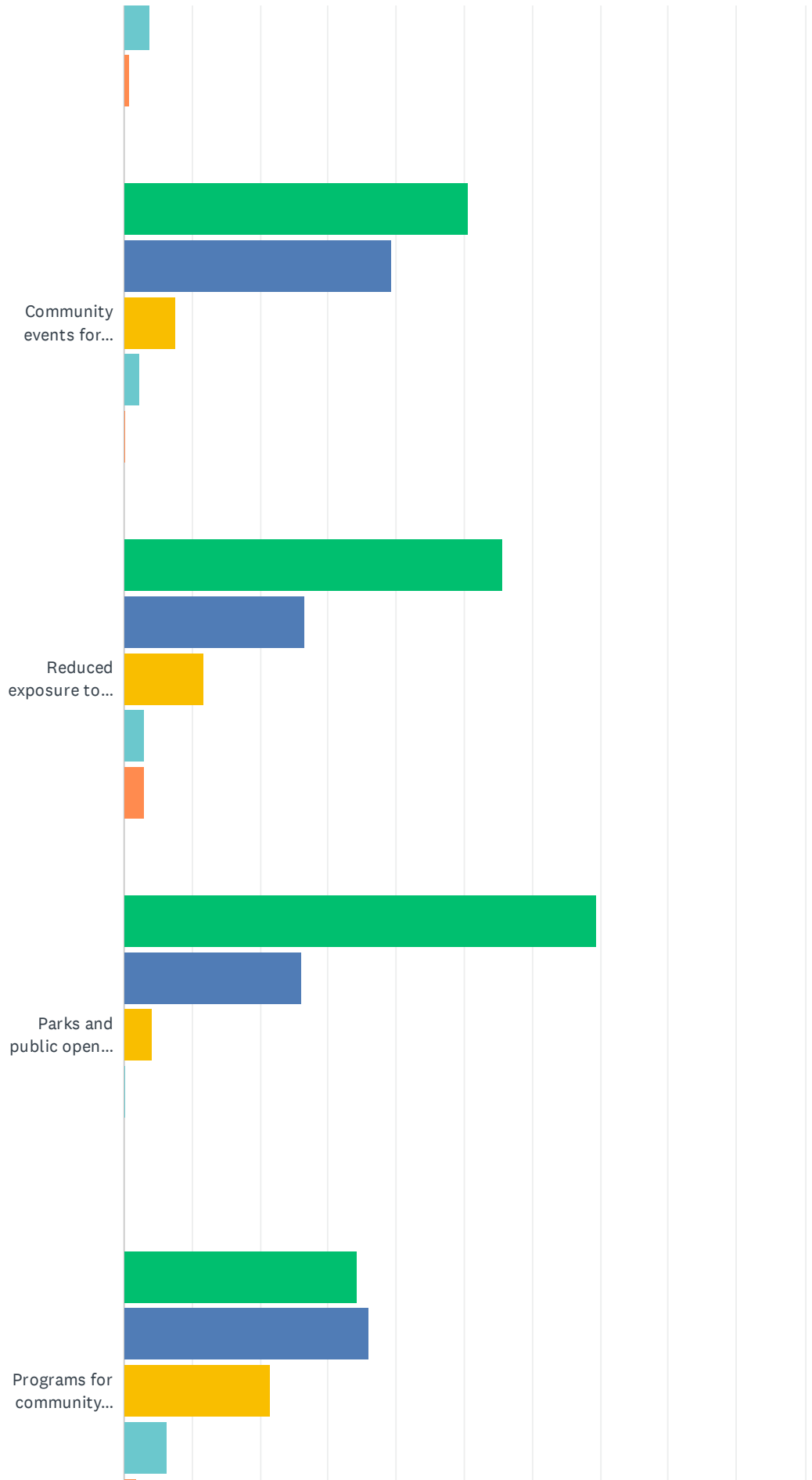


### Q6 Within the Shire of Esperance, please rate the following public health contributions on the level of importance to you.

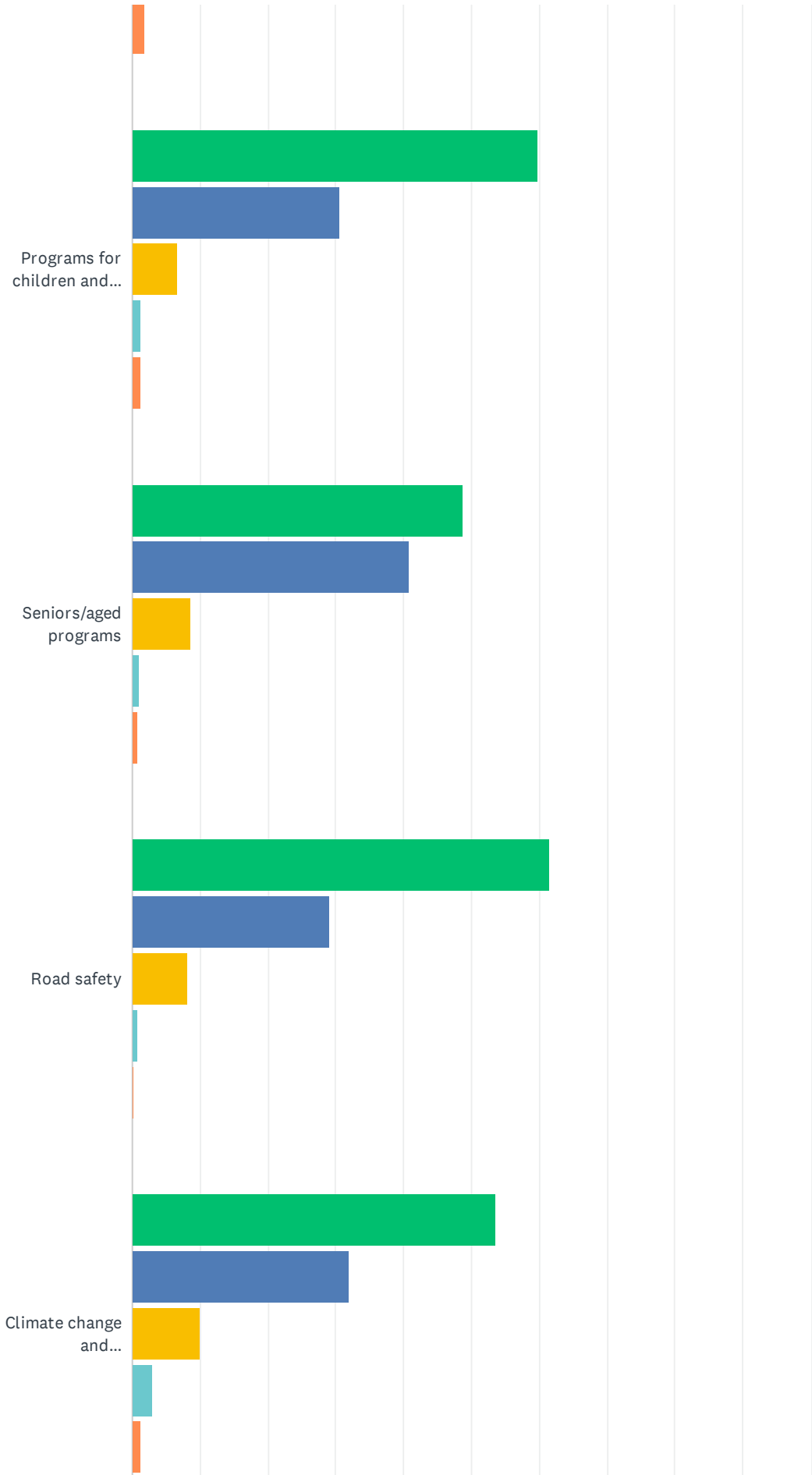
Answered: 372 Skipped: 0



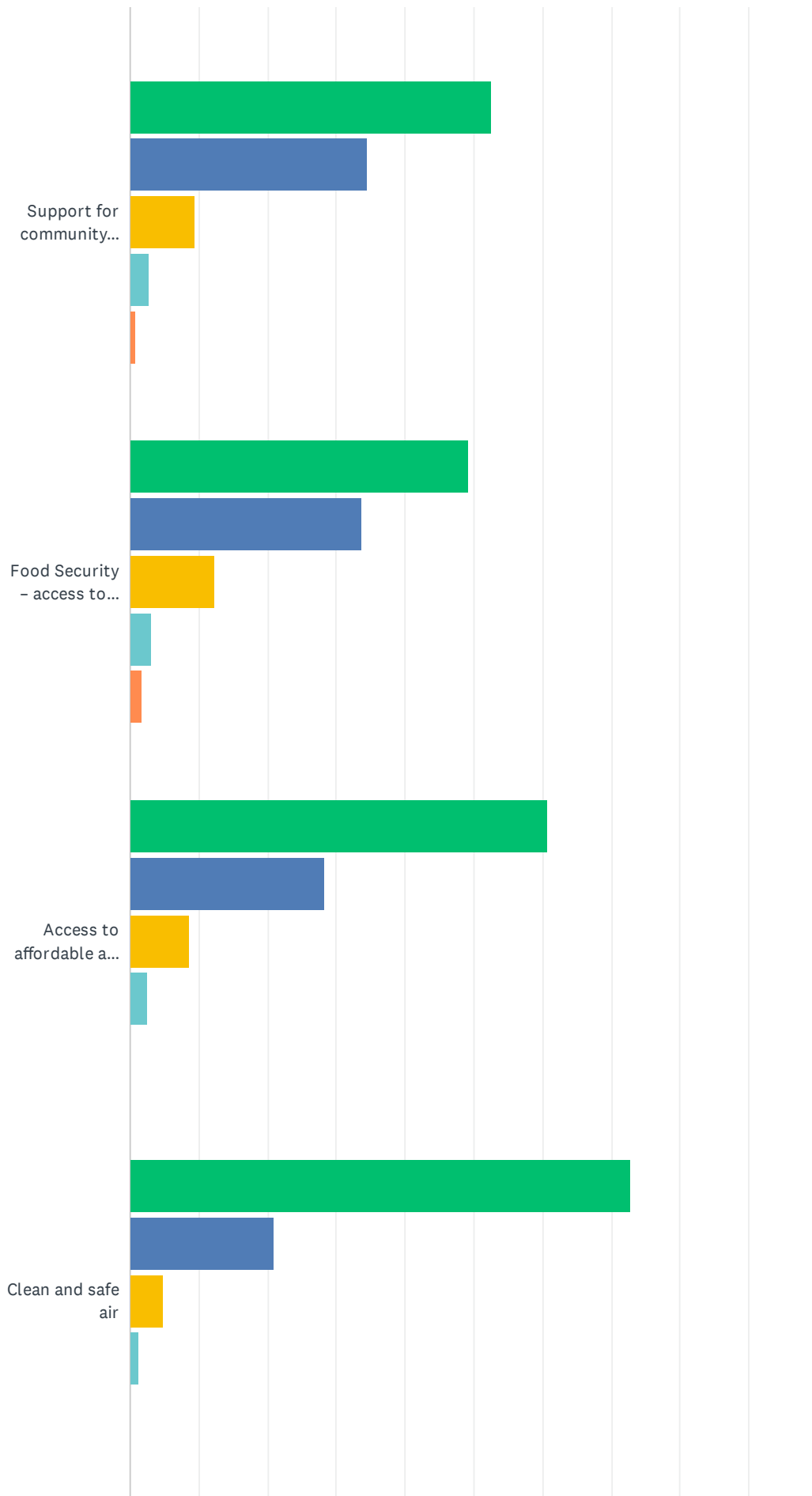
# Esperance Health and Wellbeing Survey



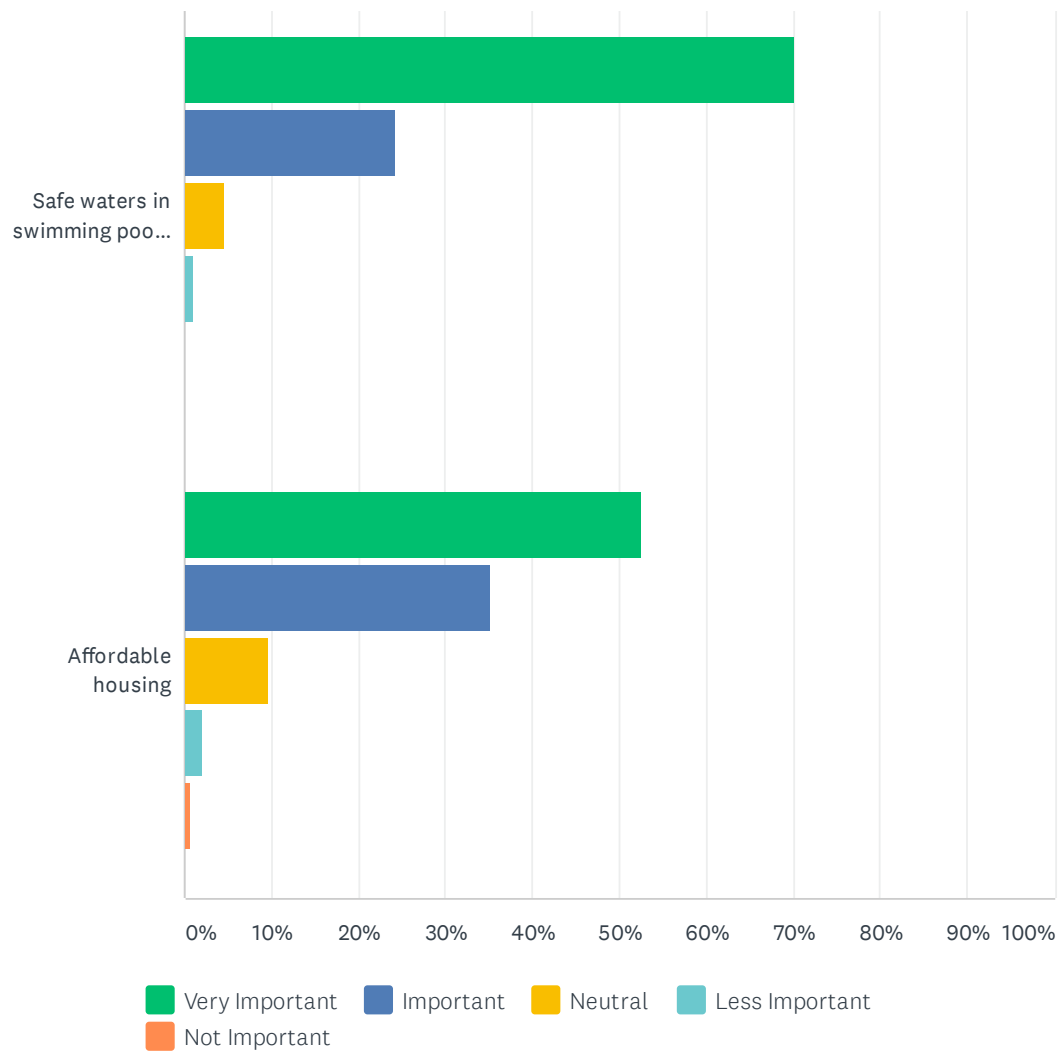
# Esperance Health and Wellbeing Survey



# Esperance Health and Wellbeing Survey



# Esperance Health and Wellbeing Survey



Esperance Health and Wellbeing Survey

	VERY IMPORTANT	IMPORTANT	NEUTRAL	LESS IMPORTANT	NOT IMPORTANT	TOTAL	WEIGHTED AVERAGE
Infrastructure for walking and cycling	58.17% 210	33.24% 120	7.20% 26	0.83% 3	0.55% 2	361	1.52
A range of recreation facilities and community places (sporting club facilities, gyms, swimming pools)	63.34% 235	29.65% 110	5.66% 21	1.35% 5	0.00% 0	371	1.45
Community Safety	73.52% 261	20.85% 74	4.79% 17	0.85% 3	0.00% 0	355	1.33
Environmental Health programs (food premises inspections; noise; nuisance; mosquito control; water sampling etc)	52.85% 195	34.96% 129	7.59% 28	3.79% 14	0.81% 3	369	1.65
Community events for residents	50.69% 184	39.39% 143	7.44% 27	2.20% 8	0.28% 1	363	1.62
Reduced exposure to environmental tobacco smoke in public places	55.71% 205	26.63% 98	11.68% 43	2.99% 11	2.99% 11	368	1.71
Parks and public open spaces	69.51% 253	26.10% 95	4.12% 15	0.27% 1	0.00% 0	364	1.35
Programs for community groups including Aboriginal people and Culturally and linguistically diverse (CALD) communities	34.33% 126	35.97% 132	21.53% 79	6.27% 23	1.91% 7	367	2.05
Programs for children and young people	59.89% 221	30.62% 113	6.78% 25	1.36% 5	1.36% 5	369	1.54
Seniors/aged programs	48.79% 181	40.70% 151	8.63% 32	1.08% 4	0.81% 3	371	1.64
Road safety	61.58% 226	29.16% 107	8.17% 30	0.82% 3	0.27% 1	367	1.49
Climate change and environmental sustainability	53.64% 199	32.08% 119	9.97% 37	2.96% 11	1.35% 5	371	1.66
Support for community groups and local businesses and new developments to promote healthy living	52.56% 195	34.50% 128	9.43% 35	2.70% 10	0.81% 3	371	1.65
Food Security – access to safe and suitable food / knowing where my food comes from	49.19% 183	33.60% 125	12.37% 46	3.23% 12	1.61% 6	372	1.74
Access to affordable and nutritious foods	60.70% 224	28.18% 104	8.67% 32	2.44% 9	0.00% 0	369	1.53
Clean and safe air	72.90% 269	20.87% 77	4.88% 18	1.36% 5	0.00% 0	369	1.35
Safe waters in swimming pools and recreational water bodies (beaches, lakes)	70.08% 260	24.26% 90	4.58% 17	1.08% 4	0.00% 0	371	1.37

## Esperance Health and Wellbeing Survey

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Affordable housing	52.42% 195	35.22% 131	9.68% 36	2.15% 8	0.54% 2	372	1.63
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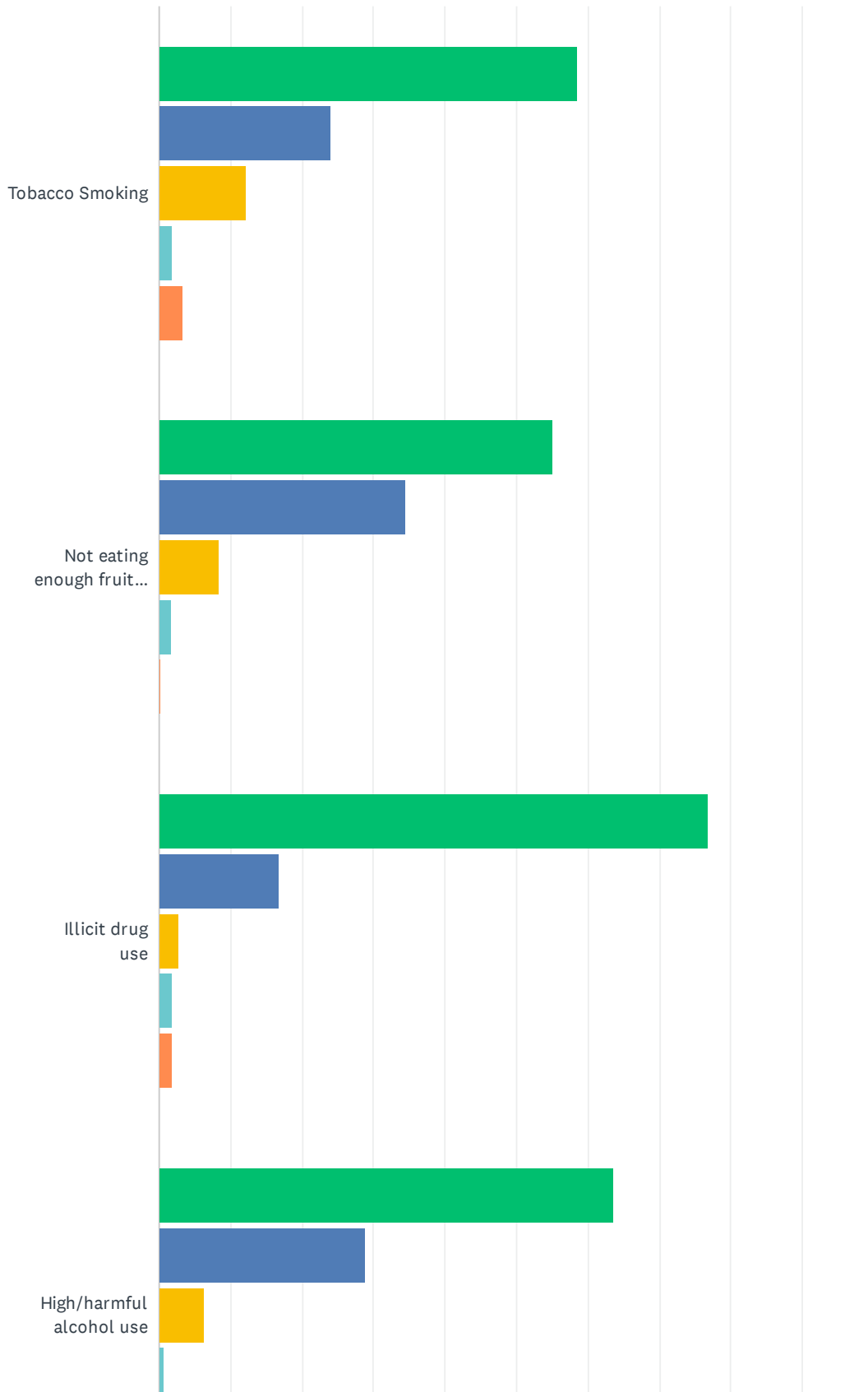
## Esperance Health and Wellbeing Survey

#	OTHER (PLEASE SPECIFY)	DATE
1	Need an exclusion zone around the beaches and lakes for smoking, so that cigarette butts etc don't end up in the ocean etc. Any cycle or walk paths etc that are created needs to be done with Phytophthora dieback hygiene conducted at best practice	12/4/2019 3:05 PM
2	Parks and public open spaces - especially in Nulsen. Food security should be subsidised in Nulsen. Tree planting in Nulsen and entrance to Esperance	12/2/2019 2:12 PM
3	**Dust from loading grain is shocking. **Wood chips all over ring road. **More seating around town and at beaches, museum, Andrew Street. This town is home to many elderly residents, cater for them.	12/2/2019 11:32 AM
4	Access to youth specific health support services	11/29/2019 2:00 PM
5	Protection of the coastline from 4wds and motorcycles and noise pollution from jet skies	11/29/2019 10:38 AM
6	The EHO hyper vigilance has led to a stagnation in the incubation of local food businesses. It needs to be addressed so Esperance can have the kind of tourism enjoyed in other comparable towns like Margaret river, Albany or Denmark	11/28/2019 8:58 AM
7	Recreational facilities for dogs and cheaper more reasonable vet fees	11/27/2019 8:42 PM
8	Housing for the homeless	11/25/2019 8:02 AM
9	affordable housing for over 55 probably the most important. But ALL need more public housing. it should be a priority. Too many women over 55 with nowhere to live	11/16/2019 7:29 AM
10	Kerb side recycling to promote sustainability	11/14/2019 8:33 PM
11	Be heard by the Esperance Shire and oppose Norway drilling for oil in the Great A.Bight	11/14/2019 3:03 PM
12	Encourage local small business and cull corporate, it kills tourism and the small interesting businesses.	10/28/2019 1:36 PM
13	Look after the majority. Help the other next.	10/14/2019 12:38 PM
14	More public exercise equipment	10/13/2019 8:40 PM
15	More public exercise equipment	10/13/2019 8:40 PM
16	Affordable housing or something like a hostel for homeless people is very important. Also the welfare card for people who are chronic alcoholics and drug users to limit their ability for access to mind and soul destroying substances which affect people much more widely than themselves.	10/11/2019 3:25 PM
17	Support for a variety of well-resourced arts and cultural activities and facilities - in addition to sporting facilities.	10/10/2019 2:08 PM
18	The Shire should be involved in sorting of recreational groups. However should not compete with private enterprise with gyms.	10/6/2019 9:39 PM
19	Access to the arts	10/5/2019 11:16 PM
20	Mental health	10/4/2019 9:16 PM
21	Closing the gap between Nulsen and the rest of the community	10/3/2019 5:46 PM
22	Mental health services, pats, hospital staffed by Drs not GPS esp as told some of those on call abuse the system, Cheaper commercial rents, nursing home staff-beds available but no staff!!	10/3/2019 7:55 AM
23	More GPs in Esperance to help with the provision of quality care for our towns people. Also training for the staff at the Hospital to reduce Patient frustration with triage	10/2/2019 4:22 PM
24	We need pesticide testing and gmo identification of foods. Public access and transparency to water sampling results	10/2/2019 2:18 PM
25	Mental Health facilities and permanent Parkinson's Nurse	10/1/2019 10:25 AM
26	Access and improvement to the arts are essential for mental health, you've left that out?	10/1/2019 9:45 AM
27	Mental Health support	9/28/2019 6:21 PM

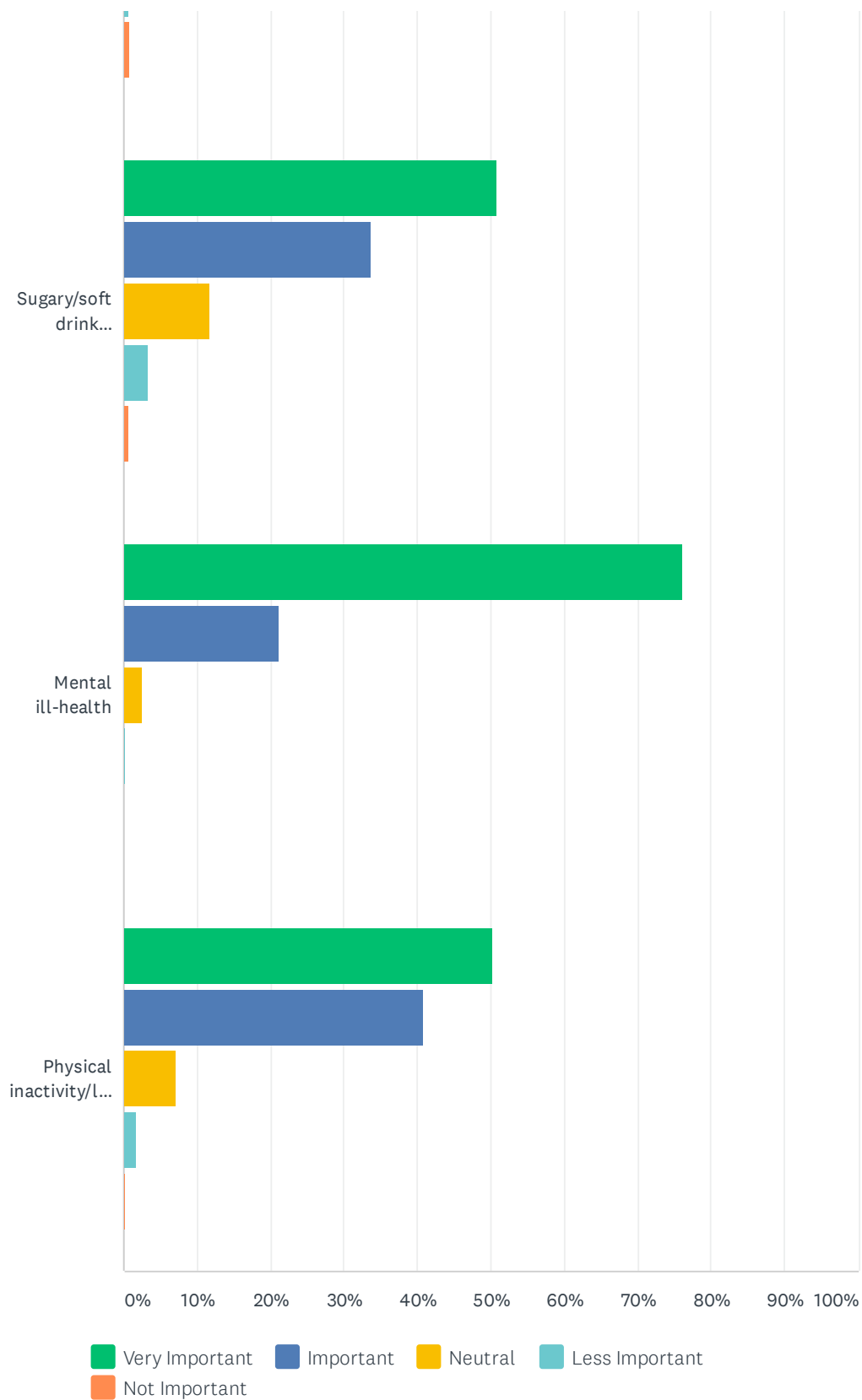


### Q7 Please rate the following health risk factors on the level of importance.

Answered: 371 Skipped: 1



# Esperance Health and Wellbeing Survey



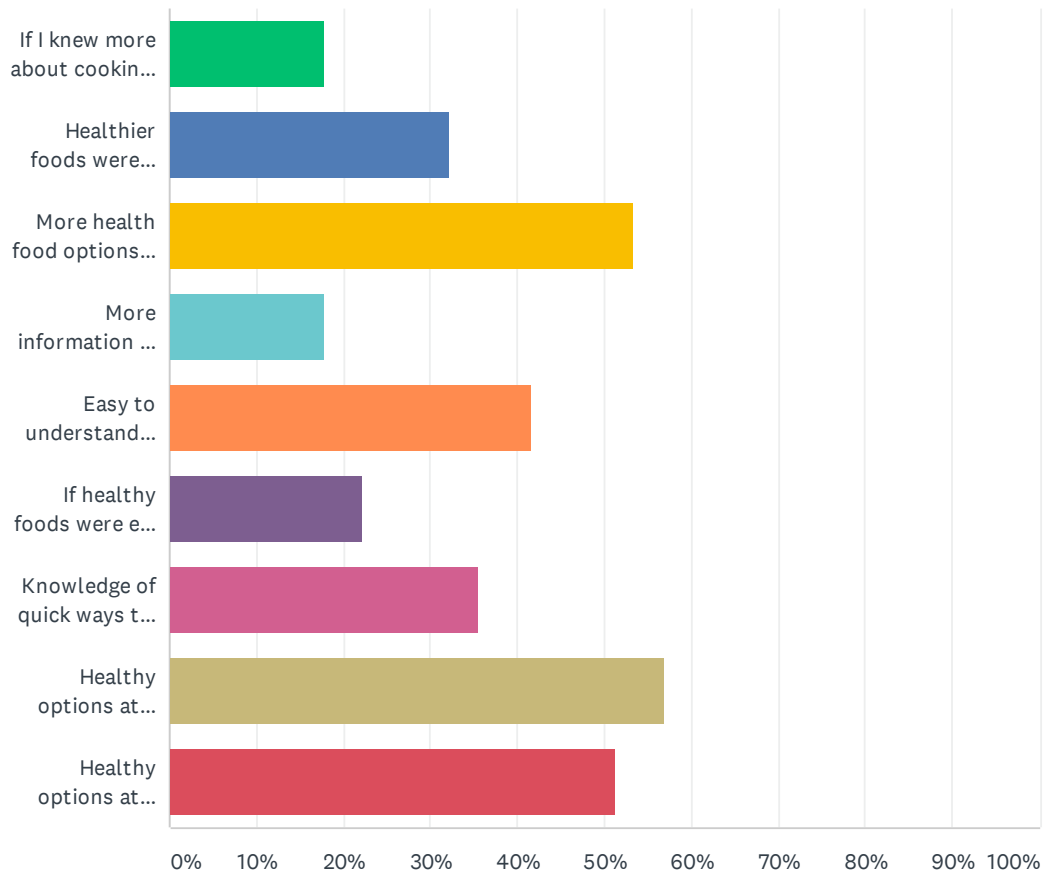
## Esperance Health and Wellbeing Survey

	VERY IMPORTANT	IMPORTANT	NEUTRAL	LESS IMPORTANT	NOT IMPORTANT	TOTAL	WEIGHTED AVERAGE
Tobacco Smoking	58.65% 217	24.05% 89	12.16% 45	1.89% 7	3.24% 12	370	1.67
Not eating enough fruit and vegetables	55.04% 202	34.60% 127	8.45% 31	1.63% 6	0.27% 1	367	1.57
Illicit drug use	76.76% 284	16.76% 62	2.70% 10	1.89% 7	1.89% 7	370	1.35
High/harmful alcohol use	63.61% 236	28.84% 107	6.20% 23	0.54% 2	0.81% 3	371	1.46
Sugary/soft drink consumption	50.81% 188	33.78% 125	11.62% 43	3.24% 12	0.54% 2	370	1.69
Mental ill-health	76.22% 282	21.08% 78	2.43% 9	0.27% 1	0.00% 0	370	1.27
Physical inactivity/low exercise levels	50.27% 186	40.81% 151	7.03% 26	1.62% 6	0.27% 1	370	1.61

#	OTHER (PLEASE SPECIFY)	DATE
1	Nulsen needs a safe house for the mentally ill to get help	12/2/2019 2:12 PM
2	Disabilities	12/2/2019 1:43 PM
3	Delears common around ??????. How police pick up people driving under the influence of alcohol and drugs, see the condition of drivers at at pubs and sporting events.	12/2/2019 11:32 AM
4	Hospitals need to be staffed, not run by GPS as seems to breed arrogant health care	11/27/2019 8:42 PM
5	Glysophate	11/14/2019 3:03 PM
6	Upgrade our local water supply quality	10/14/2019 12:38 PM
7	Effects of climate change on health.	10/12/2019 7:14 AM
8	Alcohol and drugs are symptoms not causes	10/5/2019 11:16 PM
9	Feeling a sense of belonging to the suburb you live in and respected in the wider community regardless of where you live.	10/3/2019 5:46 PM
10	This does not specify- importance to people doing these things or people in the community or people who do not do these things	10/3/2019 1:07 PM
11	Unfortunately Espie lacks vital Mental Health services from qualified MH workers .. No psychologists No Psychiatrists desperate times for those suffering.	10/3/2019 8:29 AM
12	Holistic rehab, flexibility for Shalom House issue,	10/3/2019 7:55 AM
13	More GPs in Esperance to help with the provision of quality care for our towns people. Also training for the staff at the Hospital to reduce Patient frustration with triage	10/2/2019 4:22 PM
14	Social interactions and cognitive challenge for seniors. Encouraging self worth and engagement for the aged. Dispelling the notion that chronic disease is normal and working across all levels to improve this notion. Esperanza is an ideal locality to become a blue zone and foster logevity	10/2/2019 2:18 PM
15	Air pollution (vehicles, wood fires, industrial processes)	10/1/2019 1:48 PM
16	Act Belong Commit	10/1/2019 10:25 AM
17	Social isolation	10/1/2019 9:45 AM

## Q8 What would encourage you to eat healthy? Tick all applicable responses

Answered: 369 Skipped: 3



ANSWER CHOICES	RESPONSES	
If I knew more about cooking healthy meals	17.89%	66
Healthier foods were easier to find in the shops	32.25%	119
More health food options in takeaway/fast food outlets	53.39%	197
More information to help me decide which foods are healthy	17.89%	66
Easy to understand information on food labels	41.73%	154
If healthy foods were easy to identify	22.22%	82
Knowledge of quick ways to prepare healthy meals	35.50%	131
Healthy options at community events	56.91%	210
Healthy options at sporting and community clubs	51.22%	189
Total Respondents: 369		

## Esperance Health and Wellbeing Survey

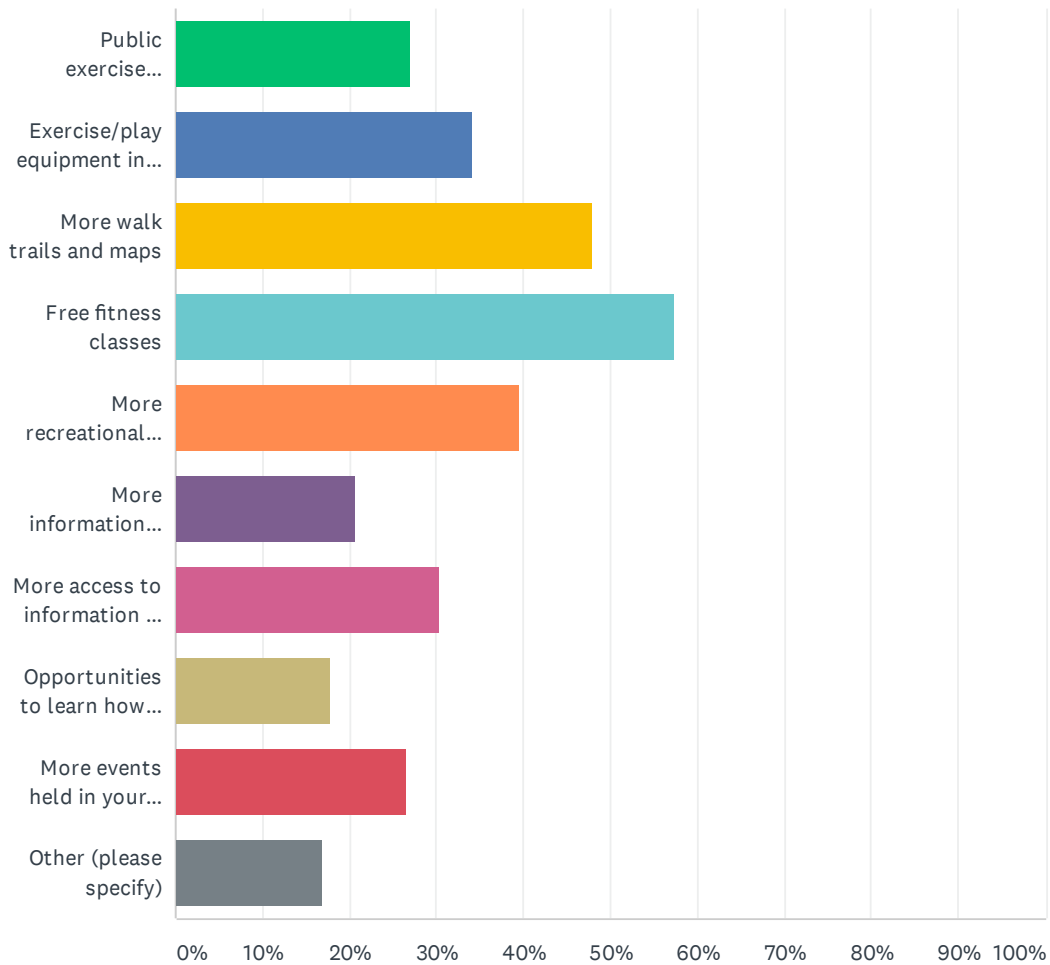
#	OTHER (PLEASE SPECIFY)	DATE
1	Healthier food more affordable	1/9/2020 10:16 AM
2	Food for poor	12/2/2019 2:12 PM
3	Don't need to be encouraged - I do	12/2/2019 1:48 PM
4	I eat healthy food myself	12/2/2019 1:45 PM
5	Inclination & time	12/2/2019 1:34 PM
6	Healthy options at sporting events: Wouldn't sell much. **I think all of us already know the above it's up to the individual	12/2/2019 11:32 AM
7	Having my mental health well managed - eat better when feeling better.	11/29/2019 2:00 PM
8	Affordable healthy food	11/28/2019 12:58 PM
9	Cheap easy options	11/28/2019 8:59 AM
10	If the EHO supported food businesses to compliance instead of only providing obstacles there could be a far wider range of healthier options available	11/28/2019 8:58 AM
11	Cheaper prices	11/27/2019 8:42 PM
12	Labelling of foods very important, needs to be clearly visible and specifically detailed.	11/24/2019 10:19 PM
13	already eat healthy	11/22/2019 12:23 PM
14	I eat healthy and don't have any trouble finding healthy food	11/15/2019 8:53 AM
15	In our household healthy food is prepared and cooked for our consumption every day. Junk food is very rarely consumed.	11/15/2019 7:19 AM
16	I eat healthy. Just need to be not tired from working all day to enjoy the food prep process	11/15/2019 6:21 AM
17	Education	11/12/2019 3:49 PM
18	Using an adverb where it's needed! On restricted diet already	10/28/2019 7:24 AM
19	Children need to be taught respect and proper nutrition at all levels of school.	10/25/2019 10:00 AM
20	I do eat healthy	10/24/2019 4:45 PM
21	Nothing - most people should know this - this is basic stuff	10/24/2019 10:53 AM
22	Wider variety that's cheap	10/23/2019 3:04 PM
23	less expensive	10/22/2019 11:32 AM
24	Affordability - it's cheaper to eat Macca's than healthier options	10/19/2019 4:50 PM
25	Eat healthy anyway	10/18/2019 4:28 PM
26	You have to do it yourself. It's simple. Just be honest to yourself.	10/14/2019 12:38 PM
27	More stores that sold health foods such as green grocers, health food shops, restaurants that emphasised vegetarian options.	10/12/2019 7:14 AM
28	Eat healthy	10/11/2019 3:57 PM
29	This is not probably in the scope of this survey but labelling and numbers on food products is abysmally hard to read.	10/11/2019 3:25 PM
30	I know what food is healthy - it is my selecting healthy all the time that I struggle with - shire can't help with that and I do not want the shire restricting my food choices	10/10/2019 3:16 PM
31	The above n/a to me eat / cook healthy rarely have take-away never eat at community events etc.	10/8/2019 11:37 AM
32	Affordability.	10/7/2019 10:13 AM
33	Making healthier foods more affordable	10/7/2019 7:46 AM

## Esperance Health and Wellbeing Survey

34	Quality and affordable healthy food options in supermarkets and takeaways	10/6/2019 12:02 PM
35	More food vans and vendors, there are loads everywhere else	10/5/2019 11:16 PM
36	Healthier options when travelling eg at service stations	10/5/2019 8:49 PM
37	Not all seniors can request M meals on wheels It would be a terrific drain on volunteers. SO. Cafe s and restaurants should sell healthy take away meals. Not hamburgers and chips Etc Piza. All O K but Thank God for The French bread shop who do have a a fair supply in Bay Marree meals Chinese Restaurants O K	10/4/2019 7:49 PM
38	I am able to eat very healthy. Thanks	10/4/2019 6:31 PM
39	i would eat healthier if a bulk food store stocking unpackaged unprocessed foods was located locally	10/3/2019 11:07 PM
40	Info about growing own vegetables, veggies are expensive to buy due to freight and poor quality to to distance to travel (reduced shelf life)	10/3/2019 9:10 PM
41	Cheaper prices	10/3/2019 7:55 AM
42	Healthy options being more affordable	10/3/2019 3:55 AM
43	Healthy food being cheaper than junk food	10/2/2019 4:22 PM
44	HOpe I am eating healthy food	10/2/2019 3:28 PM
45	Home delivered healthy food	10/2/2019 2:27 PM
46	Foster growing of organic foods in and around the district	10/2/2019 2:18 PM
47	None of the above are relevant	10/2/2019 2:08 PM
48	More affordable healthy foods	10/2/2019 1:52 PM
49	I already eat healthy food and I understand its importance.	10/2/2019 12:52 PM
50	Better quality of fruit and vegetables available and bigger range of back to basic cooking items, I shouldn't need to go shopping in Perth for spices because the pricing down here is beyond ridiculous	10/2/2019 7:55 AM
51	I feel like I do eat healthy.	10/1/2019 3:13 PM
52	Price	10/1/2019 1:48 PM
53	If food wS cheaper / community cooking programmes / more food vans and cheap food sites licensed in town	10/1/2019 9:45 AM
54	Cheaper	9/28/2019 5:43 PM
55	If healthier options were cheaper	9/28/2019 4:18 PM

### Q9 What would encourage/help you to be more physically active? Tick all applicable responses

Answered: 366 Skipped: 6



## Esperance Health and Wellbeing Survey

ANSWER CHOICES	RESPONSES	
Public exercise equipment that is free to use	27.05%	99
Exercise/play equipment in parks that caters for various age groups	34.15%	125
More walk trails and maps	47.81%	175
Free fitness classes	57.38%	210
More recreational community activities/events	39.62%	145
More information about what types of programs are available at leisure centres	20.77%	76
More access to information on opportunities available to be physically active in Esperance	30.33%	111
Opportunities to learn how to use fitness equipment in parks	17.76%	65
More events held in your local park	26.50%	97
Other (please specify)	16.94%	62
Total Respondents: 366		



## Esperance Health and Wellbeing Survey

#	OTHER (PLEASE SPECIFY)	DATE
1	More places to walk take your dog and dog poo bags in parks you can!	1/9/2020 10:16 AM
2	free fitness classes for the elders, First Nation people need first choice to be involved in work and fitness. There has been no improvements to playground equipment near Dalyup St in Nulsen for a long time.	12/4/2019 3:05 PM
3	Cycle path that connects the foreshore to the eastern side of Bandy Creek up to Newtown footy oval. This as a safe loop cycle path would be brilliant - would encourage us and our family to cycle that as a safe loop cycle path, and hence we would get out more as a family for a shared exercise experience. Having the cycle path extend out to Wylie Bay so it's safe to cycle on the side of the road would be great also. Also for road cyclists the Fisheries Road is an absolute nightmare particularly close to town as there is no shoulder on the road to safely get off for trucks etc - really very dangerous - if Fisheries Road had a wide shoulder for road cyclists from town out to Merivale Road and up to Myrup Road, then that would encourage more road cycling which would be a really positive thing for improving options and health through exercise.	12/4/2019 2:23 PM
4	Events in Nulsen	12/2/2019 2:12 PM
5	Don't need to be encouraged - I do. Have a garden	12/2/2019 1:48 PM
6	Cheaper access to Leisure Centre	12/2/2019 1:43 PM
7	Same answer as above. Yo can lead a horse to water but you can't make it drink. **Most children learn a lot of these notifications at school. Give credit to the schools they try to instill these ideas into the children, it's up to the parents to put it into actionn	12/2/2019 11:32 AM
8	My mental health being better - more likely to be active if I m mentally healthy	11/29/2019 2:00 PM
9	More work/life balance.	11/29/2019 5:22 AM
10	More support with the cost of fees family single parent families	11/28/2019 5:20 PM
11	More information about community sporting groups	11/28/2019 12:58 PM
12	Better cyclewsys from my home to town would make it possible for us to cycle. Currently we are forced to share the road with road trains and it's not safe	11/28/2019 8:58 AM
13	dog safe beaches	11/27/2019 8:42 PM
14	Better lighting at Castletown Quays path along the foreshore for people that love to run, walk and ride in Esperance in early mornings/winter etc	11/23/2019 4:00 AM
15	grade the gravel roads to make walking easier	11/22/2019 12:23 PM
16	more cycle tracks and walk trails. Being able to walk my dogs with me on more bush trails near town. 'Come and try' events/classes at local fitness centres/leisure centre	11/22/2019 10:18 AM
17	free access to pool for all	11/16/2019 7:29 AM
18	understanding how important our health is individually drives better decission making-We have heaps of options to keep active in Esperance	11/15/2019 8:53 AM
19	I attend exercise. Classes twice weekly and walk 10000 steps daily at least 3 times a week	11/15/2019 7:19 AM
20	The reduced fee for a late swim at pool good idea.	11/15/2019 6:21 AM
21	Fitness equipment in parks that actually works, not placebo equipment.	10/28/2019 1:36 PM
22	Unfortunately social and cost factors are the reason people choose to be inactive. Mobile devices should be banned from schools altogether. No social skills and young people end up disconnected. Even older adults have problems with devices and disconnection from everyday life.	10/25/2019 10:00 AM
23	A community place with a good dance floor to encourage people of Esperance to be able to come together and dance in a safe environment without having to avoid intoxicated persons. A regular place available for a reasonable price which does not burden the organiser with high fees.	10/21/2019 9:06 AM
24	Affordable fitness classes at boilc!!	10/19/2019 2:22 PM

## Esperance Health and Wellbeing Survey

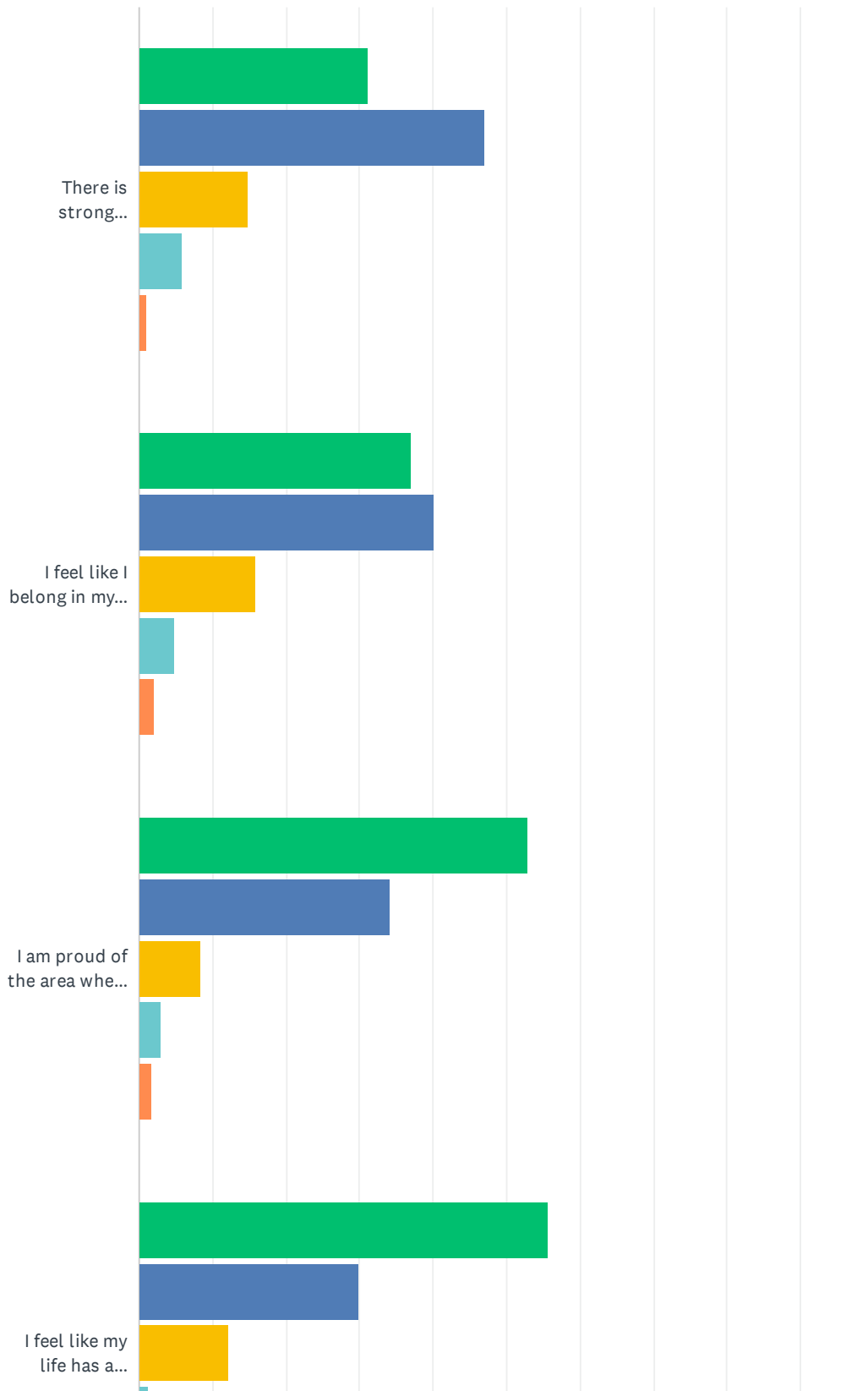
25	Active anyway	10/18/2019 4:28 PM
26	Time	10/18/2019 10:59 AM
27	Self motivation	10/16/2019 9:16 PM
28	Free stretching and meditation in suitable venue	10/16/2019 9:25 AM
29	You have to do it yourself. It's simple. Just be honest to yourself.	10/14/2019 12:38 PM
30	No problem here for me enough options available. Esperance is well catered for	10/11/2019 3:25 PM
31	Affordability and Access to the satellite communities	10/10/2019 9:20 PM
32	Cheaper bay of isles leisure centre access	10/10/2019 3:16 PM
33	Funding to employ more staff in the community organisation I manage so that I can reduce my workload.	10/10/2019 2:08 PM
34	I think Esperance has fantastic facilities & endless opportunities for people to engage in physical activities at community events and leisure centres.	10/8/2019 1:57 PM
35	I am already physically active Esperance has heaps of physical activities, knowledge available-however I fully endorse as many exercise option/information be available for the community	10/8/2019 11:37 AM
36	Safe road cycling loops and cycle paths eg. make the section from Harbour Rd along Fisheries Rd through to Myrup Road safe for cyclists, and have a proper safe cycle path loop for families from Castletown across the Bandy Creek weir up Bandy Creek Rd to join up with the one that currently finishes at Newtown footy oval.	10/7/2019 4:12 PM
37	Unfortunately my work hours get in the way.	10/7/2019 7:46 AM
38	Better footpath and cycle track connectivity	10/5/2019 8:49 PM
39	More payment options at BOILC such as 3 or 6 monthly.	10/5/2019 6:22 AM
40	I'm able to exercise daily. Thank you	10/4/2019 6:31 PM
41	Child-friendly/inclusive options for parents of young children	10/3/2019 11:07 PM
42	Cycle or walk paths in Grass Patch area. Play ground for children of all ages in same area.	10/3/2019 2:52 PM
43	More bike trails & footpaths particularly along Harbour Rd & the South Coast Highway	10/3/2019 1:11 PM
44	More hours in my day	10/3/2019 1:07 PM
45	cheaper facilities such as gyms available to people on low incomes	10/3/2019 12:18 PM
46	We have really good walking/cycling trails now. There were virtually none 35 years ago.	10/3/2019 9:08 AM
47	Fishing free beaches for safety reasons!	10/3/2019 7:55 AM
48	ocean pool (safe pool for lap swimming in the ocean)	10/2/2019 5:36 PM
49	Fun Run is a 5km walk/run that is held EVERYWHERE, except Esperance....	10/2/2019 4:22 PM
50	Running events like park run	10/2/2019 3:39 PM
51	I am tired from being too active	10/2/2019 3:28 PM
52	A wider variety of programs, classes and the times these are available at the leisure centre.	10/2/2019 2:55 PM
53	More free time	10/2/2019 2:27 PM
54	BBQ facilities in park such as Le grande and Bandy creek. Access for aged to walk in the water at beaches. Make central Esperance compatible to bikes electric or otherwise. Close of Andrew street as has been discussed over the last 40 years	10/2/2019 2:18 PM
55	Better scheduling at the Bay of Isles Leisure Centre - hard for working folk to attend classes during the day	10/2/2019 2:16 PM
56	Not reliant on any of the above to pursue physical activities	10/2/2019 2:08 PM
57	None	10/2/2019 2:03 PM

## Esperance Health and Wellbeing Survey

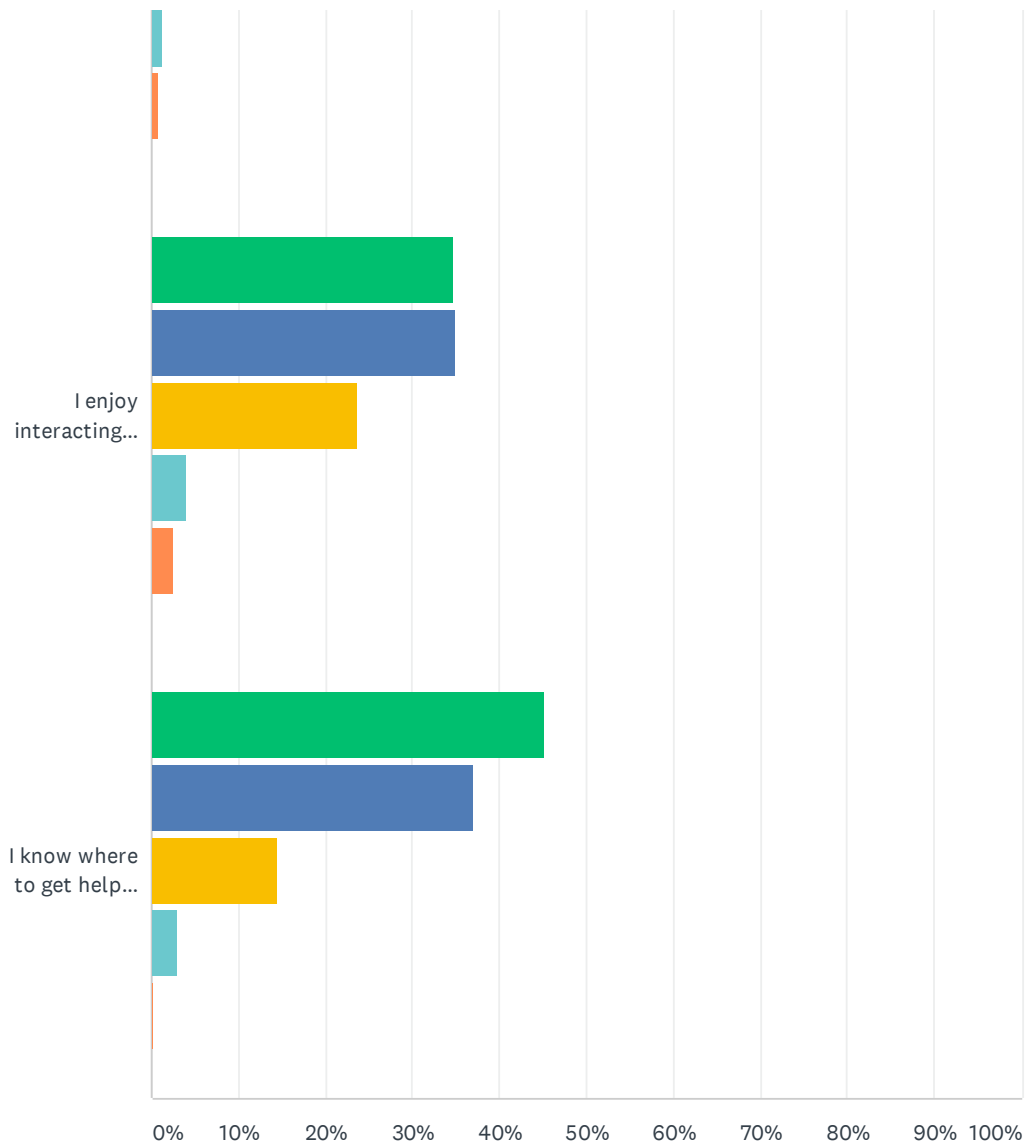
58	I work full time, so lack of time is the contrait.	10/2/2019 12:52 PM
59	More water refill stations along Esperance walk trails	10/1/2019 1:48 PM
60	Lack of time is my issue	10/1/2019 12:02 PM
61	Feeling safer to walk along trails and paths in early morning or late evening alone	9/29/2019 7:53 AM
62	Options available for people low on funds and with limited mobility	9/28/2019 4:18 PM

# Q10 Please indicate how strongly you agree or disagree with the following statements:

Answered: 372 Skipped: 0



## Esperance Health and Wellbeing Survey

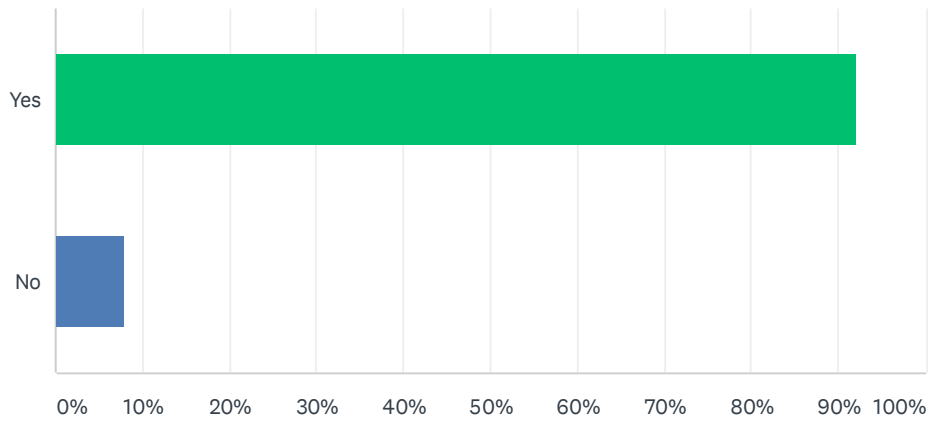


■ Strongly agree   
 ■ Somewhat agree   
 ■ Neutral   
 ■ Somewhat disagree   
 ■ Strongly disagree

	STRONGLY AGREE	SOMEWHAT AGREE	NEUTRAL	SOMEWHAT DISAGREE	STRONGLY DISAGREE	TOTAL	WEIGHTED AVERAGE
There is strong community spirit in my local area	31.18% 116	47.04% 175	14.78% 55	5.91% 22	1.08% 4	372	1.99
I feel like I belong in my local community	36.93% 137	40.16% 149	15.90% 59	4.85% 18	2.16% 8	371	1.95
I am proud of the area where I live	52.96% 197	34.14% 127	8.33% 31	2.96% 11	1.61% 6	372	1.66
I feel like my life has a sense of purpose	55.68% 206	30.00% 111	12.16% 45	1.35% 5	0.81% 3	370	1.62
I enjoy interacting with my neighbours	34.77% 129	35.04% 130	23.72% 88	4.04% 15	2.43% 9	371	2.04
I know where to get help when I need it	45.23% 166	37.06% 136	14.44% 53	3.00% 11	0.27% 1	367	1.76

## Q11 Would you support Policies to reduce harm from alcohol and tobacco use?

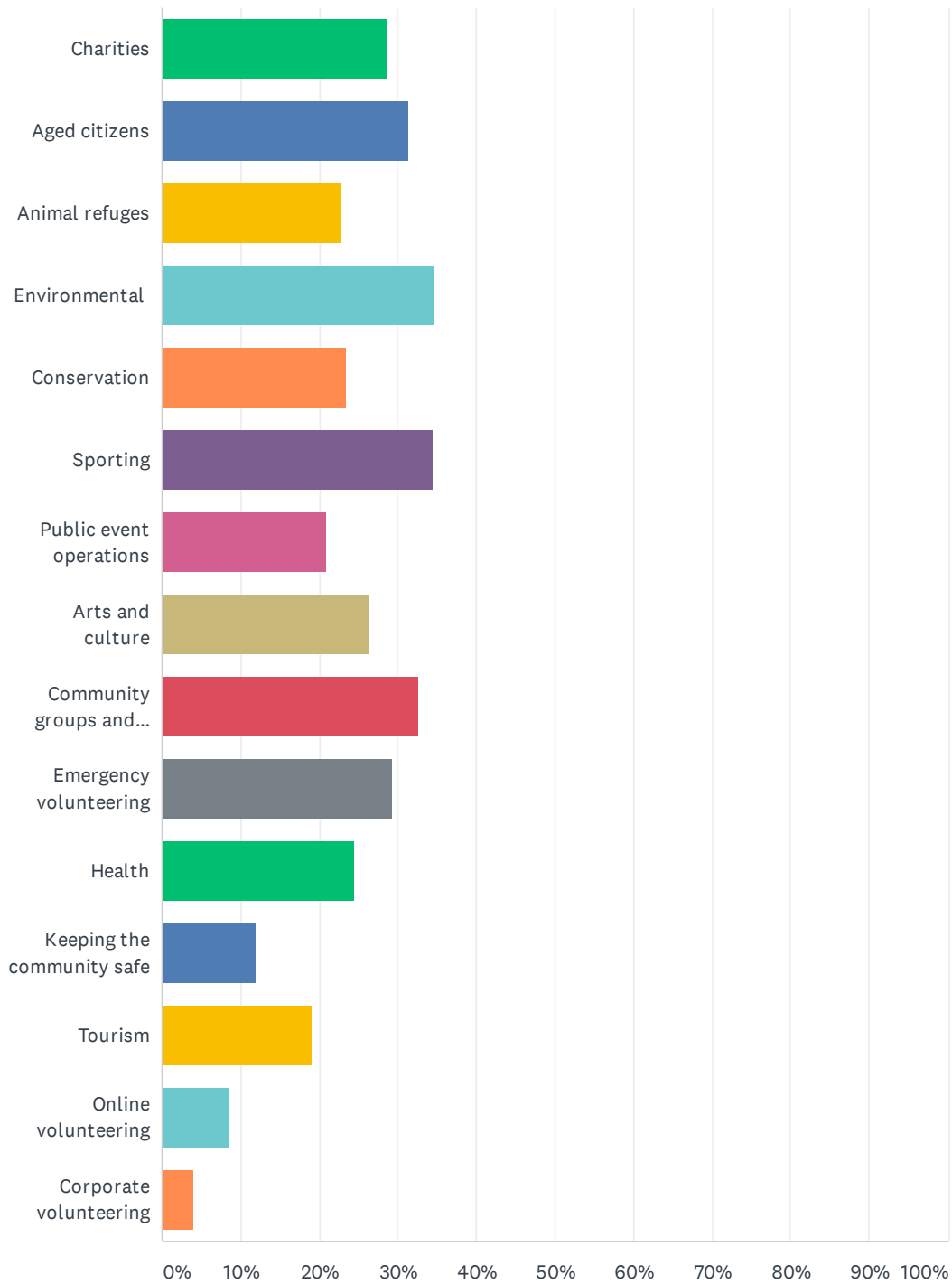
Answered: 362 Skipped: 10



ANSWER CHOICES	RESPONSES	
Yes	91.99%	333
No	8.01%	29
TOTAL		362

Q12 If you are interested in volunteering, what areas or organisations would you prefer to give your time to? Tick all applicable responses.

Answered: 359 Skipped: 13



## Esperance Health and Wellbeing Survey

ANSWER CHOICES	RESPONSES	
Charities	28.69%	103
Aged citizens	31.48%	113
Animal refuges	22.84%	82
Environmental	34.82%	125
Conservation	23.40%	84
Sporting	34.54%	124
Public event operations	20.89%	75
Arts and culture	26.46%	95
Community groups and services	32.59%	117
Emergency volunteering	29.25%	105
Health	24.51%	88
Keeping the community safe	11.98%	43
Tourism	18.94%	68
Online volunteering	8.64%	31
Corporate volunteering	3.90%	14
<b>Total Respondents: 359</b>		



## Esperance Health and Wellbeing Survey

#	OTHER (PLEASE SPECIFY)	DATE
1	Youth Groups	12/4/2019 3:05 PM
2	I live in perth	12/2/2019 2:12 PM
3	I keep involved which is healthy	12/2/2019 1:34 PM
4	Too old, my days of helping others are limited	12/2/2019 11:32 AM
5	Programs for youth/ young children	11/29/2019 5:22 AM
6	Esperance has relied too heavily on volunteers to drive many of these areas. Most families do not have spare time as both adults are working to keep bills paid. Paid positions should be created to drive all of the above with space made for volunteers should they come	11/28/2019 8:58 AM
7	Already volunteer, have no spare time to give more	11/24/2019 10:19 PM
8	already volunteering	11/22/2019 12:23 PM
9	education	11/16/2019 7:29 AM
10	Any and all	11/15/2019 8:53 AM
11	More have a go free come and try out days and advertise them well in advance so people can plan for them.	11/14/2019 3:03 PM
12	Church groups do some excellent work in supporting the less fortunate.	10/28/2019 7:24 AM
13	I already volunteer with a mothers encouragement group, youth group	10/25/2019 10:47 PM
14	We need many more free activities for kids. Age group targeted fun days. Biking, Learning different sports, water sports classes. Water park with slides. This needs to be FREE. Stop trying to profit from the community and stop spending more money than necessary. You have taken away any community spirit with volunteering works being removed and spending ratepayers money instead. There are people in the community who are prepared and have time to do works around our town.	10/25/2019 10:00 AM
15	Already involved	10/23/2019 3:07 PM
16	Provided there is a good dance floor, reasonable size to learn, and an accessible environment, we could think about providing dance lessons again for a limited time.	10/21/2019 9:06 AM
17	Still work f/time	10/19/2019 4:50 PM
18	Time poor	10/18/2019 10:59 AM
19	Youth	10/16/2019 9:16 PM
20	I already volunteer at youth drop in centre and ambulance duty	10/16/2019 11:02 AM
21	i am already engaged in volunteering in the community to my capacity	10/11/2019 3:25 PM
22	Already volunteer	10/10/2019 3:16 PM
23	I do a lot of volunteering- which I enjoy.	10/8/2019 11:37 AM
24	Town relies too heavily on unskilled volunteers	10/5/2019 11:16 PM
25	Drug addiction	10/4/2019 10:10 PM
26	I have volunteered all my life now in my 80 s enjoy the exercise groups available at senior citizens And Amity health Group. visiting nursing home for sing alongs	10/4/2019 7:49 PM
27	I'm already volunteering for emergency Services	10/4/2019 6:31 PM
28	Local School	10/3/2019 5:46 PM
29	Am a volunteer already - no time to volunteer to more organisations	10/3/2019 12:35 PM
30	Radio lollipop	10/2/2019 2:47 PM
31	St John Ambulance & RFDS	10/2/2019 1:28 PM

# Esperance Health and Wellbeing Survey

32	Too much volunteering in town. Pay people instead.	10/1/2019 9:45 AM
33	Youth, Mental health	9/30/2019 6:54 AM

**Q13 Any other comments?/What else would support you to make healthy lifestyle choices?**

Answered: 106 Skipped: 266

## Esperance Health and Wellbeing Survey

#	RESPONSES	DATE
1	Cheaper prices for healthy food and access to food outlets that cater for this. More paces to take your dog including cafe's and dog poo bags in areas you can	1/9/2020 10:16 AM
2	More affordable healthy, good quality fresh food	12/9/2019 11:08 AM
3	A Jetty	12/8/2019 10:25 AM
4	Bike trails as transportation routes, rather than just leisure. le mark up bike lanes on road or develop bike routes that link to cbd	12/6/2019 2:55 PM
5	supporting the youth groups, they need activities on the weekends and holidays for youth in Nulsen area	12/4/2019 3:05 PM
6	More local fresh market days	12/4/2019 2:56 PM
7	n/a	12/4/2019 2:37 PM
8	Our family have bikes, but we need other options other than the foreshore to safely cycle and in areas that are not so hilly. So getting some safe cycle options east of town would really enable us to increase our health through exercise. We really hope the Shire makes a proper cycle path form Castletown foreshore to the east side of Bandy Creek up to Fisheries Rd. Ans also widens the shoulder on Fisheries Rd so we have some safe road cycling options east of town - at the moment the only safe road cycle options during harvest are the Great Ocean Drive and that has a LOT of hills.	12/4/2019 2:23 PM
9	More publicity so the general public are aware of what health services are available in Esperance eg where to go for free cervical screening	12/3/2019 7:04 PM
10	11. Would you support Policies to reduce harm from alcohol and tobacco use? Depends on policy	12/2/2019 2:15 PM
11	Please tree planting program in Nulsen - Jacaranda's - the place is desolate and depressing	12/2/2019 2:12 PM
12	11. Would you support Policies to reduce harm from alcohol and tobacco use? Depends on the policy	12/2/2019 1:58 PM
13	Common sense	12/2/2019 1:48 PM
14	The right to take responsibility for the time I choose to leave this life. The aged problem is getting out of control for any government, when 2/3 of aged people would like to leave of absence when THEY WANT TO. The money they (the government) could save could be put to better use **Everyone is neat and tidy in my area. ** Out of the 6 people in my street I only know to speak to my next door neighbour.	12/2/2019 11:32 AM
15	I didn't hear anything about a Neighbourhood Watch program for Esperance.	12/2/2019 10:13 AM
16	Reduced gym and pool fee entry.	11/29/2019 3:27 PM
17	Cheaper entry to leisure centre and fitness classes	11/29/2019 8:02 AM
18	More healthy options available to buy at events	11/28/2019 9:53 PM
19	Cheaper options for healthy food	11/28/2019 5:20 PM
20	N/A	11/28/2019 1:16 PM
21	I think it is important to consider the costs involved in adopting a healthy lifestyle. Lower-socioeconomic groups may not be able to adopt healthy choices or engage in activities due to cost.	11/28/2019 12:58 PM
22	nONE	11/28/2019 12:04 PM
23	I am in peak physical condition.	11/28/2019 11:08 AM
24	Healthy fast food and sustainable infrastructure to support minimal impact on the environment	11/28/2019 8:58 AM
25	GPS that work for and care you not THIER bank balance	11/27/2019 8:42 PM
26	Healthy choices are an individual choice	11/24/2019 10:19 PM
27	Theres definitely a need for healthier takeaway for people. So many children sitting at	11/23/2019 4:00 AM

## Esperance Health and Wellbeing Survey

Macdonalds after school eating fastfoods and sugary drinks, makes me wonder how bad the next generations health will be.

28	support running classes out of town	11/22/2019 12:23 PM
29	a pass to the leisure centre to attend a class. Perhaps attending a lifestyle/leisure show supported by local businesses. This would provide an introduction to each of the health and fitness places in town, which can be quite daunting to attend if you haven't been to one before.	11/22/2019 10:18 AM
30	n/a	11/19/2019 10:40 PM
31	E-bike hire,	11/19/2019 5:42 PM
32	More walk and cycling trails	11/19/2019 12:42 PM
33	again I think it is up to the individual to recognise how important our health is. This will help the community make better choices	11/15/2019 8:53 AM
34	Healthy choices are always the expensive choices. Healthy eating requires effort. Looking after your health dentally is expensive the public dental system in Esperance is a joke. Cost and affordability is the greatest factor to good health then motivation	11/15/2019 6:21 AM
35	Body acceptance - work shops,	11/12/2019 3:49 PM
36	Downhill mountain bike trail- ie on dempster head.	11/6/2019 7:33 PM
37	No	10/31/2019 5:32 AM
38	Environmental choices - no plastic packaging on foods.	10/28/2019 1:36 PM
39	Desperate need for opening new beds at Aged Care Facility. People who have lived here for ages and now in need of care are having to be in Perth. This is extremely difficult for them for them. Community members and organisations (eg Rotary) have worked hard to provide furnishing etc in readiness for occupation, but they remain empty due to lack of staff. Could the Shire consider contributing to adding to the payment of workers so that the pay scales are more realistic so that the one-way drain to HomeCare is relieved. (higher pay at Home Care and far less shift work).	10/28/2019 7:24 AM
40	Healthy food choices at public events, change of culture for takeaway	10/26/2019 1:45 PM
41	Personal motivation is the biggest factor and then time would be second!	10/25/2019 10:47 PM
42	Different activities, rock climbing, axe throwing, etc.	10/25/2019 7:22 PM
43	Promotion of fruit and vegies grown in back yards.	10/25/2019 10:00 AM
44	protected swimming ocean areas. Netted off ocean swimming area for Dec Jan ocean swimming lessons. This a great way for families to meet new and old friends in town but last year we had a visiting shark which I know has put a lot of families off this year from registering.	10/24/2019 3:16 PM
45	An ocean pool..... :)	10/24/2019 2:16 PM
46	More community events for families	10/24/2019 3:20 AM
47	Be active!	10/23/2019 3:21 PM
48	Friends and family	10/21/2019 9:30 AM
49	Affordable swimming lessons and children activities, discount BOILC membership if you are a rates payer.	10/19/2019 2:22 PM
50	Accountability groups	10/16/2019 9:16 PM
51	N/A	10/16/2019 1:59 PM
52	More opportunities to use natural health modalities and information. Would love to see all the little pockets of like wise people come together to share and give	10/16/2019 9:25 AM
53	A positive attitude by all	10/14/2019 12:38 PM
54	If the shire is serious about public health in our community, there are a number of issues it needs to address. Climate change is having an effect on the health of populations and this will become more evident as time goes on. I feel it is the shire's responsibility to advocate for	10/12/2019 7:14 AM

## Esperance Health and Wellbeing Survey

sustainable solutions to the community's electricity production, recycling, etc. In addition, there are a number of families and individuals in our community who are struggling due to unemployment, disability, and alcohol/substance abuse. We need to support these people and come up with programs that provide them with new skills, employment opportunity, and support groups. We need to engage with these groups to find how best we can support them to improve their health and wellbeing.

55	More beaches with wheelchair access	10/11/2019 9:51 PM
56	Generally speaking Esperance is very well catered for in most every area	10/11/2019 3:25 PM
57	Good mental health	10/10/2019 3:16 PM
58	Getting paid fairly for the amount of hours I work in the NFP community development sector and having access to the resources to employ more staff to share the workload	10/10/2019 2:08 PM
59	Mental health, especially in regional area's for all peoples	10/9/2019 4:14 PM
60	Dealing with the reliance of many in the community on alcohol & junk food consumption. The coupling of both of these with local sport is something that annoys me greatly.	10/9/2019 9:44 AM
61	Esperance is a fantastic place for a healthy lifestyle. We are so lucky here! The town potable water could be better though.	10/8/2019 1:57 PM
62	Thankfully I enjoy a healthy lifestyle. My dog helps!!	10/8/2019 11:37 AM
63	No	10/7/2019 10:13 AM
64	Feeling valued as a First Nations person and an a esperance Traditional owner. Starting with the RAP and having our leaders show the way with appreciating our culture and local history!	10/6/2019 7:14 PM
65	Make the Leisure Centre more affordable .	10/6/2019 6:33 PM
66	The kids need more access to the arts and we need more pubs for live music	10/5/2019 11:16 PM
67	I think investing in better connected walk and bike paths with attention to landscaping has a huge impact on enticing people to be a bit more active and enjoying their environment every single day... look at how many people now use the great foreshore walk track. This adds up over time	10/5/2019 8:49 PM
68	Knowledge	10/5/2019 3:21 PM
69	I already lead a healthy lifestyle	10/5/2019 6:22 AM
70	Fresh Food prices	10/4/2019 9:16 PM
71	Better access to fresh fruit and vegetables	10/4/2019 8:43 PM
72	Nil	10/4/2019 2:55 PM
73	Cheaper local/W.A. fresh healthy food	10/4/2019 8:31 AM
74	Healthy lifestyle choices do rely on self-motivation, but can be supported by accessibility of healthy products and services and also community connection opportunities	10/3/2019 11:07 PM
75	A nursing home that is fully functioning, with staff that are passionate about caring for the elderly	10/3/2019 5:46 PM
76	The Esperance foreshore amenities are fantastic. I support any initiative walking or active transport in the CBD of Esperance, eg bike stands, pedestrian only access to street etc.	10/3/2019 2:52 PM
77	Nil	10/3/2019 2:37 PM
78	No	10/3/2019 2:29 PM
79	More bike racks cyclists. More cycle paths.	10/3/2019 1:48 PM
80	Prioritisation of pedestrians in town centre, forcing people to "get out and walk", wherever possible.	10/3/2019 1:11 PM
81	My own personal free chef and fitness instructor	10/3/2019 1:07 PM
82	Non smoking areas - rangers patrolling unsafe parking practices with fines	10/3/2019 12:35 PM

## Esperance Health and Wellbeing Survey

83	No	10/3/2019 12:18 PM
84	Reducing the cost of leisure centre membership, when added to cost of travel from out of town, makes it very expensive.	10/3/2019 11:30 AM
85	An Ocean Pool, taking 4x4's off beaches so you can walk safely & freely along the beach without fear of being run over.. Parks in town more of them more trees more shade more public art	10/3/2019 8:29 AM
86	We need more than one vet service as this one is more self than pet or owner focused	10/3/2019 7:55 AM
87	easier access to medical treatments	10/3/2019 7:26 AM
88	I would love to see smoking restricted from the entries and walkways to the Boulevard. It's unacceptable for me and my children to be exposed to second hand smoke when attending this building	10/2/2019 9:12 PM
89	The organisations above should not have to rely on volunteers for support. The roles should be monetised positionsto guarantee that the people involved can pay their bills and focus on their jobs fully. Esperance has ridden on the back of volunteers for environment, arts and caring roles within the community for too long and that is why there is now a fracture in the community, a dearth of events and an ebb in vibrancy for the town	10/2/2019 8:33 PM
90	More GPs in Esperance to help with the provision of quality care for our towns people. Also training for the staff at the Hospital to reduce Patient frustration with triage	10/2/2019 4:22 PM
91	More choice of doctors in town and a better hospital environment. Not feeling worried about attending the local emergency department or hospital.	10/2/2019 3:41 PM
92	N/a	10/2/2019 2:47 PM
93	More free time, work less hours per week like other countries	10/2/2019 2:27 PM
94	Encourage self sufficiency in home grown food production. Allow lawns verges and front gardens to be productive.Design any new suburbs to be more interactive and less aggressive. Try and reduce the effects of command and control management and give ownership and responsibility to community by empowering communities.	10/2/2019 2:18 PM
95	Nothing that hasn't already been mentioned	10/2/2019 1:47 PM
96	Control parking times in bays so people either constantly change their parking bay, & ensure that the new Dempster St roundabout has crosswalks not " pedestrians giveaway to cars"	10/2/2019 1:28 PM
97	Prices on healthy food affordable	10/2/2019 9:43 AM
98	No	10/1/2019 6:55 PM
99	Access to information	10/1/2019 5:08 PM
100	Having a nicely restored heritage jetty to walk and fishing as have done most of my life, not some disposable crap	10/1/2019 4:55 PM
101	Having more information about walking trails etc in Esperance as well as having more community events	10/1/2019 2:08 PM
102	Air pollution monitoring in urban areas, enforcing fines for smoking within dining areas, more water refill stations around Esperance to encourage people to use the walk/cycling trails	10/1/2019 1:48 PM
103	An ocean pool so can swim with confidence in sea water	10/1/2019 10:25 AM
104	Access to effective and well supported mental health professionals.	9/30/2019 6:55 PM
105	Options available for people on extremely limited incomes. Having permanent work would mean I could actually do many of the things I know I need to do to stay healthy. Mental health and support services are non existent here unless you can pay. Also many so called support services have been privatized which put them out of the reach of many people who actually need them. Also really Bay of Isles is the only option as a prize. I'm so highly allergic to chlorine I can't even walk past it on the street.	9/28/2019 4:18 PM
106	More public exercise equipment in parks	9/28/2019 2:03 PM