

Bay of Isles Leisure Centre
Class Timetable
From Tuesday 23 April 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am								6:00am
6:00am								6:00am
7:30am								7:30am
8:00am								8:00am
8:45am								8:45am
9:15am								9:15am
9:15am								9:15am
10:30am								10:30am
10:30am		SUPERVISED GYM HOUR		SUPERVISED GYM HOUR				10:30am
4:00pm								4:00pm
4:00pm								4:00pm
4:30pm								4:30pm
5:30pm						Like our classes, you will love our memberships. Inquire at Reception today.		5:30pm
5:30pm					5:30pm			

PLEASE NOTE LATE ARRIVALS ARE NOT ALLOWED ENTRY

Participants welcome from 12 years of age when accompanied by an adult